

COPD Units of Learning

Title of overarching NOS: CM H3 Support individuals through the process of dying	Unit of learning to demonstrate competence: Support individuals with COPD and other respiratory disease through the process of dying
Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)	Users will be able to demonstrate competence to support individuals with COPD and other respiratory disease through the process of dying
Outcomes: The individual will know and understand:	Assessment criteria To be competent the individual will be able to:
Indicative Level	Level 1 (Expert/specialist) Level 2 (Experienced practitioner)
The Liverpool Care Pathway and the Gold Standards Framework, Health Department's End of Life strategy (EOL) and the importance of advanced care planning	<p>Work with the individual and professional colleagues to discuss and identify the Liverpool Care Pathway, Gold Standards Framework and End of Life strategy to meet the individual's needs for their impending death</p> <p>Agree course of action to support the individual through the process of dying</p> <p>Deliver appropriate advanced care in line with the end of life pathways and framework</p>
The social and psychological factors that can affect individuals, carers and relatives	<p>Clearly explain the expected and likely effects of the individuals condition during the process of dying</p> <p>Work with the individual to explore and identify any psychological, physical or social issues related to their impending death</p> <p>Provide time to work with the individual to draw out their worries, fears and concerns they have over their impending death and identify the appropriate ways to minimise their anxiety</p>

	<p>Offer support, advice, guidance and information to help the individual come to terms with the process of dying and discuss with them how to minimise their distress and anxiety throughout the process of dying</p> <p>Use appropriate screening tools to assess the individual for signs of anxiety and depression</p> <p>Work with the individual to consider the benefits of psychological techniques such as problem solving</p> <p>Provide psychological support where appropriate and/or arrange the provision of timely and appropriate support mechanisms to address the individual's psychological and social well being</p> <p>Where indicated, arrange the referral process for individuals who express a wish to discuss their end of life issues, concerns or worries e.g. with a professionally trained psychologist, nurse psychologist or a practitioner trained in cognitive behaviour therapy (in accordance with explicit theoretical framework)</p> <p>Provide time for the individual to reflect on the information provided</p>
The importance of support mechanisms relevant to the process of dying	<p>Demonstrate effective information giving, compassionate communication and general psychological support</p> <p>Work collaboratively with the individual with COPD and other respiratory disease to provide appropriate support and time for them to express their feelings on their impending death</p> <p>Work collaboratively with the individual to explore their needs, preferences and wishes for arrangements leading up to, during and after their death</p> <p>Obtain the range of information requested by the individual, carer or relative within confidentiality agreements in line with legal and organisational requirements</p> <p>Where indicated, contact key agencies and health professionals to arrange additional support for the individual/carer/relatives</p>

<p>The importance of focusing on people as individuals</p>	<p>Provide support and time to individuals who wish to express their feelings, concerns and preferences about their death</p> <p>Focus on the person as an individual through effective listening, feeding back, gaining agreement from the individual on their wishes and needs</p>
<p>Coping and support strategies to manage the process of dying</p>	<p>Offer advice, guidance and information to meet the individual's health, physical psychological and social well being needs leading up to, during and at the time of death</p> <p>Provide professional care and offer established support mechanisms leading up to and during the process of dying</p>
<p>The impact of social relationships, information, support and environment in the process of dying</p>	<p>Work collaboratively with colleagues to obtain the range of information requested by the individual, carer or relative within confidentiality agreements in line with legal and organisational requirements</p> <p>Show awareness for the individuals physical health, psychological, social, spiritual needs and end of life issues</p> <p>Offer support to help the individual and their carer/relatives cope with their personal feelings arising from the individuals pending death</p> <p>Provide time to listen to the individuals worries and concerns and offer advice and guidance on how to minimise these</p> <p>Provide privacy and time for the individual/carer/relatives to adjust to the knowledge of death</p> <p>Support individuals to express their beliefs and preferences about how and where they want to die</p> <p>Work collaboratively with the individual/carer/relatives and professionals to fully discuss the individuals wishes and arrangements for their impending death</p>
<p>Know how to manage the practical consequences of the process of dying</p>	<p>Inform key people and organisations of changes to the individuals condition</p> <p>Identify and fulfil any expressed wishes by the individual on the preferred place of death in line with organisational policy and protocols</p>

	<p>Work with the individual to identify the people they wish to be informed about their death</p> <p>Make timely contact with the identified people so they can be present prior to and when the individuals die</p> <p>Offer support in a professional manner during the process of dying and following the process of death</p>
Handle information and maintain records related to the process of dying	<p>Document all key actions, procedures and outcomes</p> <p>Record information clearly and accurately in line with local protocols in a timely manner</p>
How to communicate in an effective manner	<p>Communicate effectively with the individual, in a manner and style appropriate to their needs maintaining dignity, respect, confidentiality and values their contribution</p> <p>Use appropriate and timely communication with professional colleagues and relatives to convey the wishes and needs of the individual prior to, during and following the process of dying</p>
Working in partnership with key health professionals and agencies to manage the process of dying	<p>Work with key stakeholders, external agencies to enable the information concerning an individual's impending death to be accessed in a confidential and timely manner in line with local and organisational requirements</p> <p>Agree a course of action with those responsible for managing the process of dying</p> <p>Inform key agencies, health professionals and any relatives identified by the individual who need to be informed, following the death of the individual</p>
How, when and where to seek expert advice and assistance	Identify where to seek expert advice and assistance
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers