

## COPD Units of Learning

<p>Title of overarching NOS: <b>PE 7 Develop learning tools and methods for individuals and groups with a defined health condition</b></p>	<p>Unit of learning to demonstrate competence: Develop learning tools and methods for individuals with COPD and other respiratory diseases</p>
<p>Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)</p>	<p>Users will be able to demonstrate competence in developing learning materials, resources and methods to help individuals with COPD and other respiratory diseases understand and manage their health and well being in the short, medium and long term</p>
<p>Outcomes: The individual will know and understand:</p>	<p>Assessment criteria To be competent the individual will be able to:</p>
<p>Indicative Level</p>	<p>Level 1 (Expert/specialist) Level 2 (Experienced practitioner) Level 3 (Novice new to respiratory disease management (including COPD))</p>
<p>COPD and other respiratory diseases and related co morbidities and holistic concepts and approaches to health and social well being</p>	<p>Obtain relevant and current information on the range of presenting conditions of COPD and other respiratory diseases across the COPD spectrum and other respiratory diseases, relevant co morbidities.</p> <p>Check the information is current, evidence based and includes holistic approaches to health and social well being and update as necessary</p> <p>Demonstrate awareness of the health and well being goals of individuals with COPD and other respiratory diseases</p> <p>Demonstrate an awareness of the psychological, social and end of life issues raised by individuals with COPD and other respiratory diseases</p>

<p>Learning and development needs of individuals and carers</p>	<p>Outline to the individual/group how education can enable them to improve an their health and well being goals and self management of COPD and other respiratory diseases</p> <p>Work collaboratively with individuals with COPD and other respiratory diseases and professional colleagues to identify the learning and development needs of individual/carers to enable them to understand and self manage their condition</p> <p>Work collaboratively with the individual to explore their health and well being, psychological needs and lifestyle factors</p> <p>Work collaboratively with the individual and professional colleagues to incorporate the impact of physical, emotional, mental health, spiritual, environmental, social, educational, cultural needs of individuals, carers and relatives into the development of learning tools and methods.</p>
<p>Key theories of learning styles and factors that influence the development of methods and tools</p>	<p>Outline the range of learning styles and the factors influencing learning</p> <p>Work collaboratively with the individual/group to identify how these can influence the development of methods and tools</p>
<p>The range of methods and tools to facilitate learning and development</p>	<p>Work collaboratively with individuals with COPD and other respiratory diseases and professional colleagues to identify the range of resources required to facilitate learning and development</p> <p>Work collaboratively with individuals to explore the benefits and any barriers regarding the use of questionnaire survey tools, technology based learning tools and/or one to one or group delivery modes to aid understanding and learning</p> <p>Explain and explore with the individual the benefits and limitations of delivering learning programmes in the home setting, clinic, through support networks, and technology based systems</p> <p>Outline the benefits and limitations of:</p> <ul style="list-style-type: none"> <li>a) one to one instruction</li> <li>b) demonstration</li> <li>c) group instruction or group demonstration</li> <li>d) discussion groups with individuals with COPD and other respiratory diseases, their carers/relatives</li> </ul>

	<p>e) discussion groups with individuals with COPD and other respiratory diseases and key professionals involved in their care</p> <p>f) a combination of one or more of the above</p> <p>Work with individuals with COPD and other respiratory diseases to identify their preferred choice of venue for the delivery of learning about COPD and other respiratory diseases and/or training for self management</p> <p>Select and gain agreement from the individual on the best option based on their needs and preference, budget limits and time constraints</p> <p>Work collaboratively with individuals to identify their problems, worries or concerns and tailor these into the learning tools and educational package</p> <p>Work collaboratively with professional colleagues to develop problem solving methods and tools to aid improvement in the health and psychological wellbeing of individuals with COPD and other respiratory diseases</p>
Development of methods and tools to enable learning	<p>Working collaboratively with colleagues review the existing structures, systems and methods for providing patient education together with the success criteria</p> <p>Identify the limitations and capabilities of existing methods and tools and balance these against the learning and development requirements for individuals with COPD and other respiratory diseases</p> <p>Work collaboratively with individuals with COPD and other respiratory diseases and colleagues to ensure the learning, educational and development methods and tools meet the needs of the users</p> <p>Work collaboratively with individuals with COPD and other respiratory diseases to explore, identify and confirm their expectations and goals from participation in learning and development programmes</p> <p>Update the resources to meet emerging knowledge and research on COPD and other respiratory diseases</p>

	Prepare suitable methods and tools to meet the needs of the learners
Information sharing	Share information on the development of new or revised methods and tools for learning and development with key people delivering education and training programmes across COPD and other respiratory diseases
How to communicate effectively	Communicate effectively with the individual and professional colleagues in a manner and style appropriate to the individual maintaining dignity and respect
Evaluation tools and methods	<p>Work collaboratively with colleagues to develop appropriate success criteria to identify the learning outcomes of individuals using the tools and methods</p> <p>Work collaboratively with colleagues to develop appropriate evaluation tools and methods to determine any improvement in knowledge, skills and the individual's ability to access to reliable information</p> <p>Work with the individuals with COPD and other respiratory diseases to review their perceptions of any value and benefits arising from their participation in tailor made learning and development programmes and/or involvement in group learning</p>
How to handle information and maintain the confidentiality of records	Record information in line with organisational requirements
Liaise with individuals/carers and colleagues	Work collaboratively with key stakeholders on the development and review of new and existing development methods and tools to enable self-management in COPD and other respiratory diseases
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers