

## COPD Units of Learning

<p>Title of overarching NOS:  <b>CHS60: Assess individuals with long term conditions</b>  <b>CHS 39 Assess an individuals health status</b>  <b>PSLS5 Undertake an assessment or reassessment of a patient</b></p>	<p>Unit of learning to demonstrate competence:          Assessment/reassessment of individuals with COPD and other respiratory diseases</p>
<p>Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)</p>	<p>Users will be able to demonstrate competence in assessment and/or reassessment of individuals with COPD and other respiratory diseases taking into account any co morbidities and relevant issues</p>
<p>Outcomes:          The individual will know and understand:</p>	<p>Assessment criteria          To be competent the individual will be able to:</p>
<p>Indicative level</p>	<p>Level 1 (Expert practitioner )          Level 2 (Experienced practitioner)</p>
<p>Individuals identity and consent for the assessment</p>	<p>Check the individuals identity and obtain consent for the assessment/reassessment process</p>
<p>Role and responsibilities</p>	<p>Clearly explain your role and responsibilities in the assessment process and that of the individual/carer</p>
<p>Rationale for the assessment/reassessment</p>	<p>Clearly explain to the individual/carer the rationale for the assessment/reassessment strategies and the process</p>
<p>Relevant guidelines, policies and protocols</p>	<p>Demonstrate the application of relevant and current guidelines, policies and protocols for undertaking assessments for individuals with COPD and other respiratory diseases e.g. NICE COPD guidelines</p>

Risk assessment	<p>Work collaboratively with the individual to undertake a risk assessment taking into consideration any contributory factors that may affect their COPD and other respiratory diseases assessment process</p> <p>Identify situations and demonstrate appropriate actions for the assessment process in light of changes to the individuals situation and level of risk</p>
An individuals readiness to the assessment	<p>Take account of the individuals age, maturity physical and psychological condition and mental capacity and assess their readiness to engage</p> <p>Undertake a full physical examination and assess an individual's health status including quality of life</p> <p>Obtain additional support for the individual for the assessment where indicated</p>
Information sources	<p>Work collaboratively with the individual to explore how they have been affected by their condition</p> <p>Demonstrate ability to differentiate COPD and other respiratory diseases from related pulmonary conditions and contributing co morbidities from the available information</p> <p>Work collaboratively with the individual to explore their main presenting features, any differentiating factors related to co morbidities or other pulmonary condition</p> <p>Work collaboratively with the individual and professional colleagues to resolve any conflicting or unexpected findings from the available information</p> <p>Work collaboratively with the individual to assess their health goals and to identify any factors that might aid or prevent them from achieving their goals</p>

Assessment techniques and tools	<p>Work collaboratively with the individual and/or professional colleagues to identify the range of assessment techniques and tools to meet the individual health and psychological well being in line with standard protocols</p> <p>Demonstrate ability to select appropriate assessment strategies used in determining COPD status which will inform interventions and the progression and prognosis of COPD and other respiratory diseases</p> <p>Tailor assessments to take account of all symptoms and conditions under investigation</p> <p>Using the assessment techniques and tools work with the individual to explore any changes to their health, psychological, social and well being status and to ensure physical, social and psychological needs are recognised</p> <p>Carry out the assessment process in the correct sequence in line with locally agreed criteria</p> <p>Conduct physical, social and psychological assessments to determine the COPD spectrum and other respiratory diseases and identify signs and symptoms of potential progression and or other co-morbidities.</p> <p>Carry out observations and tests to confirm and/or establish the suspected COPD and other respiratory diseases health condition and status</p> <p>Perform required pulmonary function tests to confirm findings (at an appropriate level according to clinical setting)</p> <p>Use appropriate questioning and probing techniques to assess the individuals health and well being needs and goals</p>
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<p>Interpretation of assessments</p>	<p>Accurately interpret the data obtained from the assessment and any supporting investigations to establish any changes in the individual's health and well being, psychological, emotional and social care needs</p> <p>Working collaboratively with the individual and colleagues identify the need for any</p> <ul style="list-style-type: none"> <li>a) psychological support</li> <li>b) information, advice and guidance</li> <li>c) educational resources</li> <li>d) life style changes</li> <li>e) referrals to specialist practitioners</li> <li>f) rehabilitation programmes and/or smoking cessation</li> <li>g) any other identified from the assessment process.</li> </ul> <p>Where any information is conflicting or lacking, take steps to obtain the information from the individual or professional colleagues</p> <p>Where information is unavailable, request the range of appropriate investigations to inform the assessment process</p>
<p>Next steps following assessments</p>	<p>Work collaboratively with professional colleagues to discuss any necessary steps or referrals arising from the assessment</p> <p>Demonstrate an understanding of the range of interventions available to meet the needs of individuals with COPD and other respiratory disease status; these may include advice and guidance, pharmacological therapies including oxygen and optimisation of inhaled therapies, exercise regimes, smoking cessation programmes and/or palliative care needs</p> <p>Present and discuss with the individual the benefits and constraints for any proposed interventions, treatments, rehabilitation, and/or referrals for counselling, social care, palliative/end of life care services</p> <p>Outline to the individual how the proposed recommendations available helps them to achieve their desired health goals</p> <p>Allow time for the individual to reflect and consider the recommendations and check their understanding</p> <p>Value and respect the individual's freedom of choice and seek their agreement on the identified recommendations</p>

Handle information and maintain records	Record information clearly and accurately in line with local protocols in a timely manner
How to communicate effectively	Present and discuss the outcomes of the assessment with the individual in a way that helps them understand their condition and health expectations
How to make appropriate referrals	<p>Consult with appropriate health professionals on the best options available to meet the individuals current and future needs</p> <p>Work collaboratively with professional colleagues to deliver the agreed recommendations identified from the assessments and individual's choice (These may include e.g. changes to prescribed medication such as inhaler, nebulisation or oxygen therapy, surgical options, transplantation, psychological support, social care, development of care plans including palliative care and /or end of life care)</p> <p>Work collaboratively with colleagues to refer individuals with COPD and other respiratory diseases to appropriate services with the required degree of urgency</p> <p>Seek advice for professional colleagues, external agencies and services when information and/or recommendations are outside your scope of practice and level of responsibility in line with local protocols</p>
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers