

COPD Units of Learning

<p>Title of overarching NOS CM.C4 Support individuals to live at home</p>	<p>Unit of learning to demonstrate competence: Support individuals with COPD and other respiratory diseases to live at home</p>
<p>Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)</p>	<p>Users will be able to demonstrate competence in supporting individual to live safely and effectively in their home environment and have access to required support services</p> <p>This needs co-operation between health and social care, external agencies, organisations and charities to enable an individual who wishes to live at home to do so safely.</p>
<p>Outcomes: The individual will know and understand:</p>	<p>Assessment criteria To be competent the individual will be able to:</p>
<p>Indicative Level</p>	<p>Level 1 (Expert/specialist) Level 2 (Experienced practitioner) Level 3 (Novice new to respiratory disease management (including COPD))</p>
<p>The cooperation and inter-professional working relationships required between health and social care and external agencies to enable individuals with COPD and other respiratory diseases to live safely at home</p>	<p>Clearly explain to the individual/carer the inter professional working arrangements and support systems required between health and social care and external agencies to enable the individual with COPD and other respiratory diseases to live safely at home</p> <p>Verify the individuals understanding of the information and advice given; rectify any misconceptions</p>
<p>The implications of COPD and other respiratory diseases and relevant co morbidities affecting an individual's capability to live at home</p>	<p>Discuss with the individual the implications of COPD and other respiratory disease progression and how this may affect their ability to live at home in the short, medium and long term</p> <p>Work with the individual/carer to explore and identify the benefits, any contra-indications and limitations of living at home with COPD disease and check their understanding</p>

<p>The importance of focusing on people as individuals</p>	<p>Provide support and time to individuals who wish to express their feelings, concerns and preferences regarding living a home Focus on the person as an individual through effective listening, feeding back, gaining agreement from the individual on their wishes and needs</p> <p>Offer support to help the individual with COPD and other respiratory diseases, and their carer/relatives cope with their health needs, personal feelings, any life style and/or behavioural changes resulting from the progression of COPD and other respiratory diseases</p> <p>Provide time to listen to the individuals worries and concerns and offer advice and guidance on how to minimise any factors that affect their ability to live at home</p> <p>Allow time for the individual to reflect on the information, advice and guidance regarding their ability to live at home</p>
<p>The range of support services and resources available for individuals with COPD and other respiratory diseases</p>	<p>Explain the range of support mechanisms required and available for the individual to enable living at home safely</p> <p>Obtain and offer information on the range of health, social care and external agencies, charities and organisations' services and facilities available to individuals with COPD and other respiratory diseases to enable them to live at home</p> <p>Work collaboratively with the individual and professional colleagues to discuss and agree plans to support individuals to live at home</p> <p>Arrange any agreed resources, services or facilities in a timely manner to assist individuals with COPD and other respiratory diseases to live at home</p> <p>Inform the individual if their request for support resources fall outside budget limits and direct them to appropriate external agencies</p> <p>Agree timescales for reviews and evaluations with individuals, carers and key health and social care professionals to review the efficacy of the support mechanisms and to assess the individual's ability to continue living at home</p>

Health, safety and infection control measures required to support individuals with COPD and other respiratory diseases to live at home	<p>Undertake an assessment of the individuals health, safety and infection control measures required for them to live safely at home</p> <p>Arrange for prevention of infection and decontamination measures for the home environment</p> <p>Promote good housekeeping in their home environment and instruct the individual/carer on approved hand washing technique</p> <p>Confirm the individual /carer understands their requirements and practices to maintain a health and safe environment</p>
Risk analysis and management	<p>Assist the individual identify the risks that need to be managed for them to live at home</p> <p>Discuss any changes required in the home environment with the individual/carer and key health and social care stakeholders</p> <p>Work collaboratively with colleagues to authorise appropriate resources to reduce identified risks to enable the individual to live safely at home</p>
How to communicate effectively	<p>Share information in a timely manner with services in line with local protocols</p> <p>Pass on relevant information to the individual in a format and style to aid understanding, maintaining dignity, respect and confidentiality</p>
The importance of working in partnership with key health and social care professionals and external agencies	<p>Liaise and work with key health and social care professionals and external agencies to support the individual to live safely at home</p> <p>Work collaboratively with key professionals to discuss, review and deliver the support needs to individuals to live at home</p>
How to provide advice guidance and support for the range of resources, services and facilities required for an individuals to live at home	<p>Offer advice, guidance and support to help the individuals review their domestic, personal social and financial affairs</p> <p>Offer the individual/carer support to complete paperwork required to access the resources, facilities and services they require to live safely at home</p>

Handle information and maintain records	<p>Record information to support the individual to live at home clearly and accurately in line with local protocols in a timely manner</p> <p>Access information and advice when reviewing changes to enable individuals to remain at home</p>
How to make appropriate referrals	Clearly explain the importance of referring the individual to appropriate multi-agency services with the required degree of urgency
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers