

COPD Units of Learning

Title of overarching NOS: PE 6 Identify the learning needs of individuals and carers to enable management of a defined condition	Unit of learning to demonstrate competence: Identify the learning needs of individuals with COPD and other respiratory diseases
Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)	Users will be able to demonstrate competence in helping individuals with COPD and other respiratory diseases and their carers identify their learning needs to enable them to better understand their COPD and other respiratory disease condition which will facilitate effective self management of health goals, life style and behaviours in the short, medium and long term
Outcomes: The individual will know and understand:	Assessment criteria To be competent the individual will be able to:
Indicative Level	Level 1 (Expert/specialist) Level 2 (Experienced practitioner) Level 3 (Novice new to respiratory disease management (including COPD))
Learning needs	<p>Arrange time and location to discuss and explore the individuals learning needs</p> <p>Demonstrate awareness of the range of learning needs that individuals with COPD and other respiratory diseases may require during the progression of the disease e.g. health and well being, physical, social, emotional, psychological, life style changes, interventions, therapies, palliative care and end of life</p> <p>Work collaboratively with the individual use appropriate tools and techniques to explore and determine their current knowledge base to assist the identification of their learning needs such as:-</p> <p>a) to increase their overall knowledge and understanding of their condition and any relevant co morbidities in the short, medium and long term</p>

	<ul style="list-style-type: none"> b) to increase particular knowledge and understanding of a stage of COPD and/or other respiratory diseases including end of life issues c) to resolve any worries, concerns or issues they have on achieving their health and well being goals d) to enable them to make informed health choices in the short, medium or long term e) to enable them to use problem solving tools to resolve their issues concerning life style factors , psychological well being and/or behaviours f) to effectively self manage their COPD and/or other respiratory disease condition
Learning styles	<p>Work with the individual/carer to identify their learning style</p> <p>Work with the individual to explore, identify and agree their preferred learning style and associated resources to achieve effective learning</p>
Patient education programmes	<p>Evaluate the suitability of the existing patient education programmes in meeting the individuals learning needs</p> <p>Balance the needs of the individual against those of a similar group when weighing up the type of learning programme</p> <p>Liaise with colleagues to investigate the feasibility of whether individuals with COPD and/or other respiratory diseases can participate in existing patient education programmes</p> <p>Work collaboratively with colleagues to develop new or tailor existing patient education programmes to meet the learning needs of individuals with COPD and/or other respiratory diseases</p> <p>Organise/obtain/develop (as appropriate) suitable patient education programmes to meet the individuals learning needs of individuals with COPD and/or other respiratory diseases and their carers within your caseload</p>

Factors that influence effective learning	<p>Work with the individual to explore their prior learning experiences and to identify and address positive and negative factors that will impact and influence the individuals learning outcomes</p> <p>Use established coaching and mentoring approaches to engage individuals with COPD and other respiratory diseases to take an active interest in the identification of their learning needs</p> <p>Offer opportunities within the learning and development programme to allow time for individuals to reflect on their current behaviours and lifestyle factors and to encourage them to reflect on perceived benefits in changing them</p>
Holistic concepts and approaches to learning and development	<p>Work collaboratively with the individual/carer to explore how current evidence based practices for holistic approaches to health and social well being can be incorporated into the learning programme</p> <p>Work collaboratively with the individual and colleagues to discuss methods and techniques that need to be included in the learning programme to manage their worries, concerns and changes in their physical and psychological well being, life style contexts, their cultural and spiritual needs as COPD and other respiratory disease progresses</p> <p>Work with the individual to identify ways within the learning programme to enable them to better understand their condition and to make informed health and well being choices to achieve their health goals in the short, medium and long term</p>
The importance of clear expectations and goal setting	<p>Establish clear expectations to achieve learning needs and criteria for success</p> <p>Share the expectations and success criteria with the individual and gain agreement</p>
The importance of agreeing learning and development needs against a range of set criteria	<p>Agree plans which are realistic, demonstrate how learning objectives will be achieved, measurable and within a realistic time frame with the individual and colleagues delivering the learning programme</p> <p>Work collaboratively with colleagues to identify and provide learning and development resources to support individuals to achieve their learning goals</p>

How to communicate effectively	<p>Communicate in a manner and style that meets the needs of the individual and respects dignity, confidentiality and values their contribution</p> <p>Communicate relevant and up to date information to identify and gain agreement of the individual's learning and development needs and expectations</p>
How to handle information and maintain the confidentiality of records	Record information in line with organisational requirements and maintain the rights of individuals and principles of confidentiality
Liaise with individuals/carers and colleagues	Work collaboratively with key stakeholders on the development and review of new and existing learning and development resources to meet the individuals learning needs
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers