

Working together: Improving end of life care through better integration

This training pack aims to increase awareness and understanding of the importance of working together to support people at the end of their lives. It is relevant for anyone working at the front line.



Before you begin

Thank you for requesting this training pack
In the pack you will find:

- a film called **'it helps to talk'***
- PowerPoint presentation
- front line sessions - facilitator guidance
- a handout describing the key messages
- an interactive PDF titled **'Practical messages for front line workers'**
- a project summary detailing how the materials were developed.



it helps to talk*

The materials in this pack are based on a set of key learning points that were developed through a series of workshops held with people who volunteered to be champions. During the workshops, champions talked about their experiences of end of life care, and particularly about people working together. These stories were used as the basis for the film which, although fictitious, is a mixture of different experiences that champions actually had.

The film can be used as part of a learning and development session but can also be used to support other work, or as a way to stimulate discussion.

** Please be aware that this is a story about the end of someone's life and may be distressing for some people.*



We recommend that as preparation for delivering a session you:

- watch the video without reading any background information
- look at the PowerPoint presentation and familiarise yourself with the noted pages
- read the supporting materials/documents
- look at the interactive PDF titled 'Practical messages for front line workers'



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