



Leicestershire Partnership NHS Trust

Meet the apprentice

We are introducing to you **Aminah Patel**, a Healthcare Support Worker apprentice at Leicestershire Partnership NHS Trust.

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How did you get your apprenticeship?

Before my apprenticeship I was completing my A- levels. Whilst everyone was applying for university, I decided that I would go through the apprenticeship route. I applied for this apprenticeship through the NHS Jobs website.

2

Who is your training provider and what is the study model like?

My training provider is UHL and the study module consists of 12 study days throughout the year. I am given 1 day a week for off-the-job learning.

3

What types of things have you been doing in your off-the-job learning?

During my off-the-job learning, I shadowed other health professionals such as Physiotherapists and Occupational Therapists. I was also able to shadow the Children's Speech and Language Therapy team alongside the acute team, based at the Leicester Royal Infirmary. During this time I also was able to do more research into learning disabilities and the ways it impacts on people's communication as well as eating and drinking.

4

What has been the hardest part?

The hardest part was managing the workload alongside the apprenticeship work.

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What has been the best part?

The best part was being able to go out to visit patients and make a difference in their lives. Just small changes make a big difference to them, and being able to keep them safe is the most rewarding part of the job.

6

What tips do you have for people who want to do the same apprenticeship as you?

For anyone wanting to do this apprenticeship I would say the most important thing is to be confident. To work in an environment with the professionals can be daunting, but it is important to remember that as an apprentice you are there to learn and you are not expected to know everything.

7

What do you hope to do next?

I am now working as a Speech and Language Therapy Assistant and hope to complete my Level 6-degree apprenticeship in Speech and Language Therapy.