

sample outline 2

end of life care

Sample module for practitioners and advanced practitioners who work with individuals and their carers to provide end of life care in a wide range of settings.

Target group: taken from End of Life Care core competences and principles framework:

- Practitioner - for example those statutorily regulated and those registered with professional bodies; in health Career Framework levels 5-6
- Advanced practitioner - for example those working in advanced or higher level and specialist roles; in health Career Framework levels 7-9.

aim

To enable practitioners to:

- Support carers in their involvement in end of life care for an individual
- Recognise the support needs of carers, through the end of life and the death of an individual, and take steps to ensure these are met.

learning Outcomes

By the end of the session practitioners will be able to:

- Communicate sensitively with carers when involving them in aspects of end of life care, and when offering information and support
- Understand the impact on the carer of death, dying, bereavement and facing the loss of the caring role
- Identify the support needs of carers and the resources and services to meet them, both during end of life care and following bereavement
- Involve carers in developing and implementing an end of life care plan
- Work sensitively with carers to support them when the individual makes an advance care plan
- Enable carers to be supported with services that are able to meet religious, cultural and individual requirements.

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indicative content for a half or one day training session

1. Legal frameworks and guidance relating to End of Life Care – Mental Capacity Act 2005; duty to undertake a carer's assessment with the carer.
2. Communication skills - Listening to carers about their concerns related to the end of life; providing information and support; demonstrating awareness of the impact on them of death, dying and bereavement.
3. Assessment – understanding and meeting the support needs of carers, both during end of life care and following bereavement; undertaking a carer's assessment.
4. End of life care planning – involving carers in developing, carrying out, monitoring and reviewing the end of life care plan, which balances disease-specific treatment with other interventions and support that meets the needs of the individual; discussing approaches to risk assessment, risk management and risk taking; social models of care and person-centred practice.
5. Advance care planning – the status of an Advance care plan (Mental Capacity Act 2005); supporting carers as the individual decides upon their preferences and wishes during the advance care planning process. This may be influenced by their religious, cultural or other beliefs or backgrounds.
6. Good practice guidance – embedding the Common core Competencies for End of life Care and applying them to carers of those dying (see www.skillsforcare.org.uk).

Please see www.skillsforcare.org.uk and or www.skillsforhealth.org.uk for a suite of learning and development materials on end of life care.