

## **Helen England**

### **Associate Director of Service Design and Improvement, Bristol Primary Care Trust**

#### **Biography**

##### **Level 5 and 6 – Practitioner and Senior Practitioner**

In her career spanning 15 years, Helen has progressively and consistently moved up the Career Framework ladder. Originally training as a Music Therapist, she entered the Health Sector as a Level 5, swiftly moving up to Level 6 as the Head of Music Therapy at St Helier NHS Trust. Within this role she spent several years working in Child Development Services and Child and Adolescent Mental Health Services in London. Up until this point Helen had focussed on practical health care, however in 2001 she began to move into NHS Management.

##### **Level 7 – Advanced Practitioner**

She then secured a promotion as Sector Manager of Sutton and Merton Child and Adolescent Mental Health Service and reached Level 7 - broadly described as 'Advanced Practitioner' involving 'specialist knowledge covering a range of procedures and underpinned by relevant broad-based knowledge.

Level 7 also involves a significant amount of supervision and management of other staff, and having always expressed an interest in the relationship between excellence in leadership, process management and high quality service delivery, it was only 2 years before she once again stepped up a level.

##### **Level 8 – Consultant Practitioner**

As the Assistant Director of Commissioning at the South Gloucester Primary Care Trust Helen was now at Level 8, and demonstrating 'substantial leadership, innovation and autonomy when solving problems'. One of her main functions was to lead on acute commissioning for the PCT, as well as the development of practise-based commissioning within one of the PCT localities.

##### **Level 9 Senior Staff**

In 2007, finally reaching Level 9, Helen became Associate Director of Service Design and Improvement at the Bristol Primary Care Trust, and heads up the Bristol Health Service Design Programme. She is responsible for Bristol, North Somerset and South Gloucestershire Health Community and is currently developing an ambitious plan for health services in Bristol. She then secured a promotion as Sector Manager of Sutton and Merton Child and Adolescent Mental Health Service and reached Level 7 - broadly described as 'Advanced Practitioner' involving 'specialist knowledge covering a range of procedures and underpinned by relevant broad-based knowledge.

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