

# Using competences to improve Coronary Heart Disease services

## Wrexham Maelor Hospital – developing the role of the Acute Coronary Syndrome Nurse

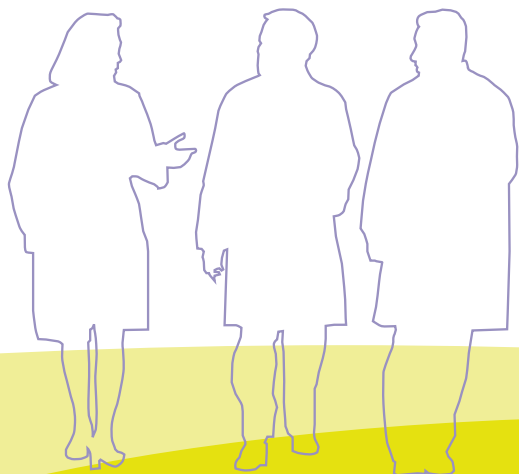
With the support of Consultant Cardiologists and other senior colleagues, the Cardiac Services Manager at Wrexham Maelor Hospital began to put in place plans for a non-physician led Rapid Access Chest Pain Clinic. Key to its success would be a new role, at advanced practitioner level, of Acute Coronary Syndrome (ACS) Nurse.

Using the Skills for Health framework for Coronary Heart Disease to provide a structure and define specific competences, the patient's journey through the clinic was mapped out from the point of GP referral to a treatment and management plan. The competences which would be required on the part of the nurse to meet the patient's requirements were identified for each stage of the journey. Mapping the process in this way the Manager and Nurse were able to select the competences needed to build a profile for the role of ACS Nurse.

Using the agreed profile the nurse was able to work under the supervision of an Associate Specialist in Cardiology to concentrate on gaining experience in specific areas. In this particular case the nurse was already highly experienced requiring only a 5 month supervision period. As the Associate Specialist assessed that each of the required standards had been met, they could be 'signed off' to show that the Nurse had achieved the required level of competence.

“ To ensure safety for both patients and the nurse we determined that a structured, competence based approach was required. This is where the CHD Competence Framework was so valuable. It enabled us to focus on exactly what we required, what were the appropriate levels of competence for the nurse to practice at to deliver the service and also for her clinical supervisor to ensure he was clear about her training and development needs. ”

**Karen Keating** Cardiac Services Manager,  
Wrexham Maelor Hospital



**A key aim of Skills for Health is to develop and manage a bank of national workforce competences which describe the performance criteria, knowledge and understanding required to carry out a work activity effectively. Because competences describe what individuals need to know and to do, regardless of who is performing the activity, they can be used in many different ways.**

## The Benefits

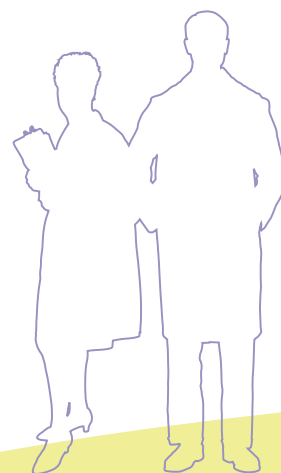
- Two non-physician run clinics each week
- Introduction of a 'post intervention clinic'
- Alternative management pathway reducing patient waiting times
- Career enhancement opportunity for an experienced nurse
- Reduced pressure on Consultant clinics

The Cardiac Services Manager has also used the Skills for Health framework to introduce a trust-wide protocol for the non-physician led RACP clinic, to support process mapping and in the development of cardiac rehabilitation team roles.

**Skills for Health** is the Sector Skills Council for the UK health sector (the National Health Services, independent healthcare providers and voluntary organisations). Our purpose is to help develop solutions that can deliver a skilled and flexible workforce to improve health and healthcare

Skills for Health (Head Office)  
Goldsmiths House  
Broad Plain  
Bristol  
BS2 0JP

Tel: 0117 922 1155  
Fax: 0117 925 1800  
E-mail: [office@skillsforhealth.org.uk](mailto:office@skillsforhealth.org.uk)



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