

COPD Units of Learning

Title of overarching NOS: CHS168: Obtain a patient/client history	Unit of learning to demonstrate competence: Obtain a relevant patient history to assess an individual's COPD and other respiratory disease status
Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)	Users will be able to demonstrate competence in obtaining a patient history relevant to COPD covering past and presenting conditions
Outcomes: The individual will know and understand:	Assessment criteria To be competent the individual will be able to:
Indicative level	Level 1 (Expert/Specialist) Level 2 (Experienced) Level 3 (Novice new to respiratory disease management (including COPD))
The importance of checking the individuals identity and valid consent for taking a patient history	<p>Identify the individuals identity and obtain valid consent</p> <p>Clearly explain to the individual/carer your role and responsibilities for taking their patient history</p> <p>Describe the signs and symptoms and progression of COPD and other respiratory diseases</p> <p>Clearly explain the importance to the individual/carer their role in working collaboratively when taking a patient history</p>
Guidelines for data management	Briefly outline the rights of individuals and the principles of confidentiality required for data management

Rationale for taking an individual's history	<p>Briefly outline to the individual/carer the components of history taking to identify possible causes of COPD and other respiratory diseases and identify other factors which produce indications that may be interpreted as COPD and other respiratory diseases or contributing co morbidities.</p> <p>Demonstrate the ability to establish rapport with the individual/carer</p>
How to evaluate an individuals capability to provide their clinical history	<p>Work with the individual to assess their communication skills and understanding of their condition</p> <p>Adapt communication skills to address an individuals needs, age, level of understanding and beliefs to obtain answers to questions</p> <p>Seek additional information from third party if and when the individual is unable to provide a comprehensive history</p>
The aetiology, pathophysiology and natural history of COPD and other respiratory diseases	<p>Describe how to recognise clinical signs and symptoms of COPD and other respiratory diseases</p> <p>Show awareness and understanding of the broad range of co morbidities relevant to COPD and other respiratory diseases</p> <p>Clearly explain to the individual the significance of capturing information related to their COPD and other respiratory diseases and co morbidities and how these may impact on the progression of COPD and other respiratory diseases</p>
Patient history taking	<p>Using appropriate questioning and probing techniques, interviewing and listening skills gather relevant information to enable an assessment of their COPD and other respiratory diseases status, their progression of COPD and other respiratory diseases and any relevant co morbidities by:</p> <ol style="list-style-type: none"> encourage the individual to explore their health and well being status encourage the individual to outline their lifestyle factors, behaviours and physical well being obtain details of the individual's prior health status and circumstances over a sufficient period of time to inform the assessment and the individuals healthcare needs

	<ul style="list-style-type: none"> d) consider childhood illnesses, occupation, smoking history and family history. e) record any prior significant and/or immediate key events leading up to an individual requiring medical assistance f) encourage the individual to describe their experiences of COPD and other respiratory diseases including any current or prior anxiety, or depression to assess their psychological well being and need for support g) where appropriate, obtain relevant background information from professional colleagues
The importance of observation	<p>Make and record observations of their presenting condition, signs and symptoms to assist in confirming the individuals stage of COPD and other respiratory diseases and health and well being needs</p> <p>Work collaboratively with the individual/carer during the history taking to identify situations when urgent intervention/action and sharing of information with colleagues is required</p>
Behaviours, lifestyle and psychological history	<p>Work collaboratively with the individual to identify their behaviours and lifestyle factors and the impact these have on their COPD and other respiratory diseases</p> <p>Work collaboratively with the individual/carer and professional colleagues to explore any worries or concerns they may have regarding COPD and other respiratory diseases and any relevant co morbidities</p> <p>Use appropriate tools to assess for anxiety, stress or depression during the individuals history taking</p> <p>Offer the opportunity and appropriate time for the individual to consider any psychological, social or emotional well being needs</p>

Value the need for clear communication with individual/carer	<p>Summarise the information received and check with the individual the information is complete and accurate</p> <p>Allow time for the individual to reflect on the summary</p> <p>Offer and encourage the individual/carer an opportunity to add any further information</p> <p>Work collaboratively with the individual and/or professional colleagues to clarify any conflicting responses or unexpected responses</p>
The requirements to maintain the ethical, cultural, confidentiality, dignity and respect of the individual during history taking	Demonstrate the ability to value the individual's contribution, and act in a professional manner respecting their dignity, ethical, cultural, and spiritual needs throughout the history taking
How to liaise with other healthcare professionals regarding issues or next steps for the individual	<p>Liaise with professional colleagues to:</p> <ul style="list-style-type: none"> a) provide relevant and timely information regarding the individual's health and well being history to the healthcare team and other relevant services as required b) share and exchange relevant information regarding an individual's health, social, emotional, lifestyle, behaviours and psychological well being in line with organisational policy and protocols c) consider further investigations for example chest x-ray, blood tests and CT scanning if appropriate. d) report any inconsistent, unexpected, or untoward information to the appropriate person in a timely manner e) seek immediate advice if the individual's condition or information obtained during history taking indicates an urgent referral or intervention f) make a referral to ensure the individual receives the appropriate care to meet their range of health and well being needs
How to accurately handle and maintain information	Maintain accurate and legible records in a timely and systematic manner in accordance with national guidelines, local policies and protocols
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers