

COPD Units of Learning

Title of overarching NOS: PE 3 Work with individuals to evaluate their health status and needs	Unit of learning to demonstrate competence: Work with individuals with COPD and other respiratory diseases to evaluate their health status and needs
Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)	Users will be able to demonstrate competence in helping individuals with COPD and other respiratory diseases evaluate their health status and needs for the short, medium and long term
Outcomes: The individual will know and understand :	Assessment criteria To be competent the individual will be able to:
Indicative Level	Level 1 (Expert/specialist) Level 2 (Experienced practitioner) Level 3 (Novice new to respiratory disease management (including COPD))
The presenting conditions of COPD and other respiratory diseases and relevant co morbidities	Discuss with the individual the implications of COPD and other respiratory disease progression, any related co-morbidities and the implications of these in the short, medium and long term
The importance of the individuals identity and consent for the evaluation	Check the individual's identity and consent for the evaluation of their health and well being status and needs
Role and responsibilities	Clearly explain your role and responsibilities in the evaluation process and that of the individual/carer
The rationale for the evaluation	Work with the individual to explain the rationale behind the evaluation to determine their health and well being status and needs Answer any queries raised and seek advice when they are outside your scope of practice/responsibility

<p>The importance of respecting the individuals rights to make their own health choices</p>	<p>Confirm the individuals/carers current level of knowledge and understanding of their health status</p> <p>Work collaboratively with the individual to establish their personal beliefs and preferences, experiences and use of services and life context to maintain their health and well being status</p> <p>Work with the individual to explore and identify their current symptoms, capabilities and any contributory factors affecting their health status and needs</p> <p>Understand and balance the rights of individuals to make health choices with those involved in their care</p>
<p>Factors that affect the health, well being, behaviour, skills, abilities and life style context relevant to the evaluation of their health status</p>	<p>Discuss with the individual the opportunities and constraints of their lifestyle and behaviours on their COPD and/or other respiratory disease health and well being status</p> <p>Work with the individual to explore and identify any barriers, worries or concerns they may have on making informed choices and decisions</p> <p>Consider any changes to behaviours and lifestyle to maintain/improve their health and well being</p>
<p>The requirements of health and safety measures required to facilitate the maintenance of their health status for individuals with COPD and other respiratory diseases</p>	<p>Discuss and explain to the individual the relevant health and safety measures to maintain a health and safe environment</p> <p>Confirm the individual /carer understands their requirements and practices to maintain a health and safe environment</p>

Evaluation methods, tools and techniques	<p>Describe the range of evaluation methods, tools and techniques and information sources to be used in the evaluation of the individual's health and well being</p> <p>Take account of the individuals/carers capabilities and understanding of their COPD and other respiratory disease condition and/or related co-morbidities</p> <p>Select appropriate tools and techniques to accurately evaluate the individual's health and well being needs</p> <p>Undertake the evaluation in line with agreed protocols in the correct sequence and in a timely manner</p>
Information sources for assessment and evaluation	<p>Clearly explain the information resources available and how to access them</p> <p>Obtain consent from the individual to access their information sources</p> <p>Collate the appropriate data to enable a realistic evaluation of the individuals health status and needs</p>
How to communicate effectively	<p>Demonstrate the use of questions, listening carefully observing and summarising back</p> <p>Use communication styles in ways which are appropriate to the individual maintaining their confidentiality, dignity and respect</p> <p>Ensure all relevant personnel involved in the care of individuals are informed of discussions and decisions</p> <p>Use open and honest communication and qualitative and quantitative interview techniques to determine the individuals health status, needs and concerns in the short, medium and long term</p>
The importance and rationale for evidence based analysis	<p>Use the quantitative and qualitative data collected to allow a comprehensive analysis of needs</p> <p>Confirm the individuals understanding of the evaluation</p> <p>Offer realistic options to address emerging needs identified from the evaluation process</p> <p>Agree the next actions and communicate to those involved in their care</p>

Handle information and maintain records	<p>Document key points, influencing factors, any action plans and decisions</p> <p>Record information and accurately in line with local protocols in a timely manner</p>
The importance of working in partnership with key professional, external agencies , cares and relatives	Liaise and work with key health professionals and external agencies to evaluate the individuals health status and needs over the short, medium and long term
The referral processes within your area of work	Seek advice and support from competent individuals when concerns, issues or information sources are outside your level of competence or scope of practice
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England;; respiratory education providers