

COPD Units of Learning

<p>Title of overarching NOS: CHS55: Facilitate the individual's management of their condition and treatment plan PSL5: Undertake an assessment or re-assessment of a patient CHS 62 Provide interventions to individuals with long term conditions</p>	<p>Unit of learning to demonstrate competence: Undertake palliative care within COPD and other respiratory disease services</p>
<p>Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)</p>	<p>Users will be able to demonstrate competence in providing palliative care to individuals with COPD and other respiratory diseases</p> <p>Palliative care in the final stages of COPD and other respiratory disease may vary in duration ranging from short, medium or long term</p>
<p>Outcomes: The individual will know and understand:</p>	<p>Assessment criteria To be competent the individual will be able to:</p>
<p>Indicative Level</p>	<p>Level 1 (Expert practitioner) Level 2 (Experienced practitioner) Level 3 (Novice new to respiratory disease management (including COPD))</p>
<p>The strategies, standards, policies and services covered in palliative care planning</p>	<p>Outline to the individual how the Liverpool Care Plan, the Gold Standard Framework and End of Life Strategies are incorporated within their palliative care plan</p>
<p>The role of relevant organisations in the delivery of palliative care plans</p>	<p>Work collaboratively to engage and use colleagues, external agencies and/or organisations to provide services to ensure the delivery of an effective personalised palliative care programme for the individual with COPD and other respiratory diseases</p>

The range of care plans and interventions available within the organisation for use in COPD and other respiratory disease palliative care management	Work with the individual to explain how effective palliative care programmes can help them through their final stages of COPD and other respiratory diseases
Changing symptoms and complications of COPD and other respiratory disease within palliative care	<p>Work with the individual and professional colleagues to identify and agree appropriate palliative care plans to meet the individual's short, medium and/or long term needs</p> <p>Work with the individual to assess and evaluate their symptoms, current condition and to identify future needs within the palliative care plan</p> <p>Work with the individual to identify any new symptoms or changes in their condition that might require action</p> <p>Take appropriate action and involve colleagues and/or other practitioners and agencies when or if the individuals symptoms, psychological well being, health needs change or worsen</p>
Psychological wellbeing	<p>Demonstrate the ability to recognise when an individual requires psychological support</p> <p>Screen individual for anxiety and depression</p> <p>Offer time, support, advice and guidance when an individual express a wish to discuss their palliative care and end of life issues, concerns or worries</p> <p>Work with professional colleagues, external agencies and organisations to arrange the provision of psychological support e.g. cognitive behavioural therapy or counselling by professionally trained psychologist, nurse psychologist or a practitioner trained in cognitive behaviour therapy</p>
Health and well being interventions, their protocols for effective delivery of palliative care programmes	<p>Clearly explain to the individual any required assessments for the provision of planned interventions within their palliative care plan; gain their agreement and consent</p> <p>Provide health and well being interventions that meet the individuals goals and needs in line with their palliative care plan</p>

The range of information	<p>Work with colleagues to obtain the range of information related to the palliative care plan for the individual and carer</p> <p>Work collaboratively with colleagues to review relevant information concerning the individuals condition</p>
Importance of monitoring an individual during the palliative care process	<p>Work with the individual to monitor the effects of interventions on their symptoms and overall condition and take appropriate action in accordance with the palliative management plan</p>
The importance of focusing on people as individuals	<p>Work collaboratively with the individual to identify and address their clinical, social, spiritual and cultural needs</p> <p>Work collaboratively with professional colleagues to ensure any interventions being planned are compatible with their palliative care plan, their spiritual or cultural or social needs</p> <p>Work with colleagues and the individual to agree effective aids to the individual to achieve their palliative life style goals Offer advice guidance and support to the individual /carer during palliative care</p>
Handle information and maintain records related to palliative care	<p>Document key points and influencing factors, action plans and decisions for the individual's palliative care</p> <p>Record information clearly and accurately in line with local protocols in a timely manner</p>
How to communicate in an effective manner	<p>Communicate in a manner that meets the individuals needs and respects dignity, confidentiality and values their contribution</p>
The importance of liaising with individuals/carers and colleagues	<p>Liaise with colleagues, external agencies and organisations to discuss and agree intended and actual outcomes of palliative care in a timely manner</p> <p>Agree a course of action with those responsible for on going palliative care</p> <p>Work with colleagues to co-ordinate the provision of interventions with other practitioners and agencies</p>

How, when and where to seek expert advice and assistance	Identify where to seek expert advice and assistance
The importance of making appropriate and timely referrals	Work with colleagues to make timely and appropriate referrals to key stakeholders to meet the individuals clinical, social, cultural and spiritual needs
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers