

COPD Units of Learning

<p>Title of overarching NOS: CHS 86 Assess an individuals psychological, social and emotional needs for rehabilitation</p>	<p>Unit of learning to demonstrate competence: Assess an individuals psychological, social and emotional well being and needs</p>
<p>Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)</p>	<p>Users will be able to demonstrate competence in assessing an individual's psychological, social and emotional needs</p> <p>This assessment may be carried out as a routine assessment to review the individuals psychological, social and emotional status or as part of a process in the development of a rehabilitation plan for an individual with COPD and other respiratory diseases</p> <p>This unit may be applicable following an acute episode, throughout the chronic stage and/or surgical interventions for an individual with COPD and other respiratory diseases and related co morbidities</p>
<p>Outcomes: The individual will know and understand :</p>	<p>Assessment criteria To be competent the individual will be able to:</p>
<p>Indicative Level</p>	<p>Level 1 (Expert/specialist) Level 2 (Experienced practitioner) Level 3 (Novice new to respiratory disease management (Including COPD services))</p>
<p>The national guidelines, professional codes of conduct, organisational policies and protocols and practices relevant to assessing an individuals psychological , social well being and emotional needs</p>	<p>Demonstrate the application of the national guidelines, professional codes of conduct, organisational policies and protocols and practices during the assessment of an individuals psychological, social well being and emotional needs</p>
<p>The presenting conditions of COPD and other respiratory diseases and relevant co morbidities</p>	<p>Work collaboratively with the individual to establish their health beliefs and understanding of their condition; their health and well being goals</p> <p>Explore and discuss how this may affect their psychological, social and emotional needs in the short, medium and long term</p>

<p>Patient History and consent</p>	<p>Check the identity of the individual and obtain consent for the assessment</p> <p>Work collaboratively with health professionals to obtain and review all current information pertinent to the assessment</p> <p>Work collaboratively with the individual and/or key professionals in a professional manner, to reveal any history of psychological, emotional or social problems</p> <p>Work collaboratively with the individual to establish their current psychological and emotional well being</p>
<p>Factors that affect the health, well being, behaviour, skills, abilities and life style context relevant to the individuals psychological, social and emotional needs</p>	<p>Work collaboratively with the individual and health professionals to prioritise the factors that impact on their current psychological, social and emotional well being</p> <p>Work collaboratively with the individual to address any worries, fears or concerns they may have concerning the progression of COPD and other respiratory diseases</p> <p>Explore the individual's expectations and hopes for the future including their health and well being goals, experiences, needs and preferences, understanding and willingness to accept changes in lifestyle</p> <p>Encourage the individual to reflect on their life style and behaviours to identify any required changes to assist them to cope with the progression of their COPD and other respiratory diseases and any related co morbidities</p> <p>Provide time for the individual to reflect on the information</p>
<p>The range of assessment tools, techniques and methods to determine an individuals psychological, social and emotional health and well being</p>	<p>Describe to the individual the range of assessment tools, techniques and methods to determine their psychological well being</p> <p>Use appropriate screening tools to assess for anxiety and/or depression</p> <p>Undertake assessments to provide the necessary information to aid decision making</p> <p>Demonstrate correct interpretation of the assessments</p> <p>Consult with the multidisciplinary team to resolve any queries or issues concerning the information arising from the assessment</p> <p>Work collaboratively with colleagues to</p>

	<p>assess whether the individuals requires referral to specialist psychologist and/or social services</p>
<p>Holistic concepts and approaches to health and social well being for individuals with COPD and other respiratory diseases</p>	<p>Demonstrate an understanding of holistic concepts and approaches for psychological, social and emotional wellbeing</p> <p>Work collaboratively with the individual to explore if holistic approaches can be useful to help them manage their psychological and emotional needs</p>
<p>Counselling</p>	<p>Work collaboratively with the individual and relevant health professionals to explore whether the range of counselling techniques would be beneficial to help them address their identified psychological and emotional well being needs</p> <p>Work collaboratively with colleagues to arrange counselling to assist the individual to cope with any required changes to their health and well being, psychological status, behaviour or lifestyle throughout the progression of COPD and other respiratory diseases</p> <p>Clearly and sensitively explain the outcomes of their psychological social and emotional assessments and the steps required to help them manage their condition</p> <p>Facilitate the individual/carer come to terms with the information</p>
<p>How to provide advice guidance and information</p>	<p>Offer advice, guidance and information arising from the interpretation of the assessments</p> <p>Provide time for the individual to reflect on the information</p>
<p>How to communicate effectively</p>	<p>Demonstrate the use of questions, listening carefully observing and summarising back</p> <p>Use communication styles in ways which are appropriate to the individual maintaining their confidentiality, dignity and respect</p>
<p>Handle information and maintain records</p>	<p>Record information and accurately in line with local protocols in a timely manner</p>
<p>Working in partnership with key professional, external agencies cares and relatives</p>	<p>Liaise and work collaboratively with key health professionals and external agencies to discuss and review the outcomes of the</p>

	<p>assessment and the individuals needs over the short, medium and long term</p> <p>Make appropriate referrals to key health professionals maintaining professional confidentiality and dignity of the individual</p>
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers