

COPD Units of Learning

Title of overarching NOS: CHS 216 Assess an individuals capabilities for rehabilitation or assistive technology	Unit of learning to demonstrate competence: Assess an individuals capabilities for rehabilitation
Details of the relationship between the unit to demonstrate competence and relevant national occupational standards (if appropriate)	Users will be able to demonstrate competence in assessing an individuals capabilities for rehabilitation
Outcomes: The individual will know and understand:	Assessment criteria To be competent the individual will be able to:
Indicative Level	Level 1 (Expert/specialist) Level 2 (Experienced practitioner)
Why individuals with COPD and other respiratory diseases may be referred for rehabilitation assessment	Outline why individuals with COPD and other respiratory diseases may benefit from rehabilitation programmes Describe the signs and symptoms that indicate the need for rehabilitation across the COPD spectrum and other respiratory diseases
The importance of obtaining a patients history prior to planning rehabilitation	Obtain appropriate and necessary background information to allow the capability assessment to proceed effectively. To include objective measurement, MRC dyspnoea score, spirometry, oximetry and quality of life/ health status measures; e.g. CRQ, Hospital anxiety and depression score.
The application of rehabilitation for individuals with COPD and other respiratory diseases and the importance of gaining valid consent	Describe the range, type, frequency and duration of rehabilitation exercises applicable to the individual with COPD and other respiratory diseases Obtain valid consent for the rehabilitation assessment and treatment programme from the individual

<p>The importance of predisposing conditions or other co morbidities affecting rehabilitation outcomes</p>	<p>Work collaboratively with the individual and/or professional colleagues to identify any pre-disposing conditions, co morbidities that may affect the assessment and subsequent rehabilitation plans for the individual</p> <p>Review all relevant information concerning the individual maintaining confidentiality, respect and dignity</p> <p>Ensure all individuals receive an individualised rehabilitation programme according to their COPD and other respiratory diseases and pre-disposing factors</p>
<p>How difficulties with physical function may affect rehabilitation outcomes</p>	<p>Describe physical functions that may affect rehabilitation care plans for individuals with COPD and other respiratory diseases</p> <p>Outline the guidelines and procedures for dealing with physical difficulties</p> <p>Use a multidisciplinary approach to identify the interventions available for assisting with the management of physical difficulties</p> <p>Confirm with the individual they are able to manage their physical function and review at agreed regular intervals</p> <p>Where difficulties of physical function are identified, refer them to relevant practitioners to provide them with the appropriate physical care</p>
<p>The short, medium and long term effects of COPD and other respiratory diseases that may affect an individual's psychological function, which can affect rehabilitation outcomes</p>	<p>Discuss the short, medium and long term effects with the individual and identify any concerns or issues they may have</p> <p>Use objective measures to assess the psychological impact of COPD and other respiratory diseases e.g HAD scale, PHQ9</p> <p>Ensure a multi-disciplinary approach to identify the appropriate interventions to assess and optimise an individual's psychological function</p> <p>Outline the guidelines and procedures for dealing with psychological issues or concerns within your organisation</p> <p>Take appropriate action to respond to any psychological difficulties or adverse events</p> <p>Report and refer the individual to relevant practitioners to provide them with psychological support</p>

The range of intervention and assessment tools required to conduct a comprehensive assessment of need	<p>Clearly explain to the individual the rehabilitation assessment interventions required to make a clinical decision for rehabilitation; include the duration, type and frequency of measurements required</p> <p>Carry out an assessment of need in the correct form and sequence and duration in a timely manner in line with local protocols and national guidelines</p>
The range of measurements to assess an individual's capability for rehabilitation	<p>Select tests in relation to individual's condition, level of responsiveness, level of development, age and appropriateness</p> <p>Perform the range of measurements that will be required to complete the assessment and conduct investigations in line with standard protocols</p>
The importance of monitoring an individual during the rehabilitation capability assessment process	<p>Take appropriate action during the assessment process based on the individual's clinical status in accordance with their management plan and presenting situation</p> <p>Adopt techniques to maximise the individual's responsiveness, ensuring that any stimuli are appropriate to the purpose of the investigation and the individual's condition</p> <p>Review regularly to ensure appropriate and realistic plan is being followed</p>
The importance of obtaining valid data to inform decisions	Take accurate, relevant and sufficient measurements to assist with the rehabilitation assessment to make a decision on their capability or alternative solutions
The effect of determining the scope and limitations of an individual to achieve rehabilitation	Determine the scope and limitations of the individual's function, capacity and social interaction that will influence the type, nature, design or use of intended rehabilitation care plan

The range and types of risk assessment to determine an individuals capability for rehabilitation	<p>Outline the indications, contraindications and risks involved in rehabilitation care planning for individuals with COPD and other respiratory diseases</p> <p>Clearly explain to the individual the quality assurance and risk management mechanisms applicable to determine any risks within their rehabilitation plan</p> <p>Undertake a risk assessment and review in accordance with local organisational guidelines</p>
How to communicate in an effective manner	Communicate in a manner that meets the individuals needs and respects dignity, confidentiality and values their contribution
How to handle information and maintain the confidentiality of records	<p>Document key factors, actions and findings</p> <p>Record information in line with organisational requirements and maintain the rights of individuals and principles of confidentiality</p>
Refer individuals to appropriate services in a timely manner	<p>Refer/to professional colleagues when or if complications or issues arise during the assessment of need in a timely manner</p> <p>Seek advice in a timely manner and gain support from competent individuals whenever the procedure, data or area of expertise is outside your level of competence</p>
The importance of liaising with professional colleagues to arrange and manage rehabilitation programmes for individuals with COPD	<p>Liaise with colleagues and agencies to set in place appropriate rehabilitation care plans for the individual</p> <p>Discuss the range of options identified in the rehabilitation assessment process with colleagues, agencies, the individual, their relevant others</p> <p>Seek agreement for the rehabilitation plans from all interested parties</p>
Endorsement of the unit by a sector or other appropriate body (if required)	COPD Strategy Group/DH England; respiratory education providers