

carers and confidentiality groupwork

learning outcome

Your staff will be able to consider and analyse confidentiality issues which arise between professionals and carers.

learning method

Good practice checklist and questions.

time required

45 minutes.

facilitator notes

1. Introduce the session by emphasising how confidentiality issues between the cared for person, the carer and the professional need to be explored and debated. A relationship of trust between cared for, carer and the professional depends on dealing with confidentiality and information sharing in an effective way.
2. Provide each participant with a copy of activity nine handout. Explain how the good practice checklist is based on a leaflet on carers and confidentiality produced as part of the Partners in Care campaign by The Princess Royal Trust for Carers and the Royal College of Psychiatrists (2004). You are advised to familiarise yourself with this leaflet which can be found on the following link: www.carers.org

Additional information on confidentiality and carers can also be found at:

www.rethink.org

www.rcpsych.ac.uk

You will need to emphasise the fact that this good practice checklist was developed for use within mental health services, therefore it will need adapting if used in different work settings.

3. Ask participants to reflect on the good practice checklist in small groups and then to address the questions on the handout. Bring groups back together for plenary discussion drawing out key conclusions and putting responses onto flipchart.

Common core principles covered by this activity: 1, 2, 3, 4, 5, 6, 7 & 8.