## Madelena facilitator prompts:

## issues to explore:

- **1.** Implications of taking on a multiple caring role. What might be the impact on the carer and the cared for person?
- 3. Implications of mutual caring i.e. people with a disability also find themselves caring for another disabled member of their family. How effective are we at identifying situations where there may be mutual caring? What other examples are there of mutual caring?
- **4.** The importance of forward planning. Why is it important to encourage carers to think about the future and a time when they may no longer be able to care? Why might that be difficult for many carers? What can we do as practitioners to help with both emergency and long term forward planning?
- **5.** Pressure from other family members: What assumptions might other family members make about the role the carer should undertake?







